

# Cadishead Primary School

Allotment Rd. Cadishead. M44 5JD



*'pupils progress well, are happy, courteous and display very good social skills'*  
Ofsted 2014

Headteacher: Mr. N. Hargreaves



*'Learning together for a confident future'*

Dear Parents,

## Sex and Relationships Education at Cadishead Primary School

Over the Summer term, your child will take part in Sex and Relationship Education lessons. These will be taught by your child's class teacher wherever possible and will cover the specified areas within the attached table. You are most welcome to discuss the materials used with your child's class teacher. If you wish to do so, please contact them directly. You have the right to withdraw your child from SRE sessions.

If you wish for this to happen, please inform school in writing.

Kind regards,

Mrs N Heggs  
Assistant Headteacher

	Reception, Year 1 and Year 2	Years 3 and 4	Years 5 and 6
<b>It's OK to tell</b>	<ul style="list-style-type: none"> <li>▪ How do we know when things are not right?</li> <li>▪ Who do we tell when things are not right?</li> <li>▪ How do we tell?</li> <li>▪ Touches Good and Bad</li> </ul>	<ul style="list-style-type: none"> <li>▪ Recognising the feeling that something is not right</li> <li>▪ Knowing how and where to go for help</li> <li>▪ Good secrets, bad secrets</li> <li>▪ Touches               <ul style="list-style-type: none"> <li>○ good and bad touches</li> <li>○ personal space</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>▪ Confidentiality</li> <li>▪ Being heard when no one seems to be listening</li> <li>▪ Touching</li> <li>▪ Helping others to get help</li> <li>▪ Children's rights</li> </ul>
<b>Relationships</b>	<ul style="list-style-type: none"> <li>▪ Friends, choosing, falling out, making new friends</li> <li>▪ co-operating and team building</li> <li>▪ teasing and aggression</li> <li>▪ best friends</li> </ul>	<ul style="list-style-type: none"> <li>▪ respect for others</li> <li>▪ challenging stereotypes</li> <li>▪ celebrating diversity</li> <li>▪ awareness of the needs of others</li> <li>▪ how do others see me?</li> <li>▪ my friends</li> <li>▪ my acquaintances</li> <li>▪ belonging to a community</li> </ul>	<ul style="list-style-type: none"> <li>▪ different types of relationships</li> <li>▪ what constitutes a good relationship</li> <li>▪ resolving relationship problems</li> <li>▪ same sex families</li> <li>▪ family argument</li> <li>▪ stepping stones in relationships</li> <li>▪ support systems</li> </ul>



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<b>Personal Growth and Change</b>	<ul style="list-style-type: none"> <li>• me myself and others</li> <li>• growing from young to old</li> <li>• correct terminology for parts of the body</li> <li>• birth of animals</li> <li>• a new baby in the family</li> <li>• birth of a new family member</li> </ul>	<ul style="list-style-type: none"> <li>▪ my changing body</li> <li>▪ my changing feelings and emotions</li> <li>▪ types of relationships</li> <li>▪ stereotypes</li> </ul>	<ul style="list-style-type: none"> <li>▪ building self-esteem</li> <li>▪ seeking advice and help</li> <li>▪ keeping safe</li> <li>▪ other issues</li> <li>▪ ambitions and personal goals</li> <li>▪ independence</li> <li>▪ fitting in with peers</li> <li>▪ taking responsibility</li> <li>▪ acceptable social behaviour</li> </ul>
<b>Families</b>	<ul style="list-style-type: none"> <li>▪ families, people who help us</li> <li>• family situations</li> <li>• sharing and caring</li> <li>• love between family members</li> <li>• different family situations</li> <li>• living with one parent</li> </ul>	<ul style="list-style-type: none"> <li>▪ families.</li> <li>▪ belonging to a family</li> <li>▪ what makes a good parent?</li> <li>▪ unconditional love of a parent</li> <li>• different family situations</li> <li>▪ second marriages and merged families</li> </ul>	<ul style="list-style-type: none"> <li>▪ families</li> <li>▪ parenting</li> <li>▪ unconditional love of a parent</li> <li>▪ trust</li> <li>▪ changing family situations</li> <li>▪ the law and family life</li> </ul>
<b>Personal Safety</b>	<ul style="list-style-type: none"> <li>▪ hygiene</li> <li>▪ playing safe</li> <li>▪ safe/unsafe</li> <li>▪ basic rules</li> <li>▪ places of danger</li> <li>▪ getting lost</li> <li>▪ me and my secrets</li> <li>▪ it's OK to tell</li> <li>▪ worries</li> <li>▪ touches good and bad</li> </ul>	<ul style="list-style-type: none"> <li>▪ hygiene</li> <li>▪ risky behaviour</li> <li>▪ self-respect</li> <li>▪ my personal space</li> <li>▪ good and bad secrets</li> <li>▪ good and bad touches</li> <li>▪ children's rights</li> <li>▪ my support networks</li> <li>▪ who can I tell?</li> </ul>	<ul style="list-style-type: none"> <li>▪ keeping safe</li> <li>▪ recognising hazards</li> <li>▪ touching</li> <li>▪ risk</li> <li>▪ internet use and social networking</li> <li>▪ grooming both online and personally</li> <li>▪ who can help me?</li> <li>▪ keeping safe in sexual relationships</li> <li>▪ domestic violence</li> </ul>
<b>Emotions and Feelings</b>	<ul style="list-style-type: none"> <li>▪ recognising feelings</li> <li>▪ feeling good</li> <li>▪ co-operation, sharing and respect</li> <li>▪ developing self-confidence</li> </ul>	<ul style="list-style-type: none"> <li>▪ self esteem</li> <li>▪ expressing feelings and emotions</li> <li>▪ how feelings affect behaviour</li> <li>▪ recognising changing emotions</li> <li>▪ developing the language of feelings</li> </ul>	<ul style="list-style-type: none"> <li>▪ building self esteem</li> <li>▪ how emotions change during puberty</li> <li>▪ worries and change</li> <li>▪ what is love?</li> <li>▪ responsible behaviour</li> </ul>
<b>Sexual Relationships</b>		<ul style="list-style-type: none"> <li>▪ birth of a baby</li> <li>▪ growth of a baby to adolescence</li> <li>▪ caring for a baby - what are the costs?</li> <li>▪ puberty</li> </ul>	<ul style="list-style-type: none"> <li>▪ puberty</li> <li>▪ sexual intercourse and conception</li> <li>▪ giving birth and parenting</li> <li>▪ me as a sexual being</li> <li>▪ sexuality including lesbian, gay, bi and trans</li> <li>▪ Sexually Transmitted Infections (STIs) prevention of infection</li> <li>▪ planning a family</li> <li>▪ contraception</li> </ul>
<b>Morality</b>		<ul style="list-style-type: none"> <li>▪ being true to themselves</li> <li>▪ who influences my moral choices?</li> <li>▪ what is meant by a moral code?</li> <li>▪ simple ethical dilemmas</li> </ul>	<ul style="list-style-type: none"> <li>▪ moral dilemmas</li> <li>▪ more difficult ethical problems</li> <li>▪ influences</li> </ul>
<b>Influences</b>		<ul style="list-style-type: none"> <li>▪ the media</li> <li>▪ advertising</li> <li>▪ body image expectations</li> </ul>	<ul style="list-style-type: none"> <li>▪ the media</li> <li>▪ advertising</li> </ul>



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